

# Newsletter



March 2026

Costessey Flower Club

**Committee  
Contact points  
for you;**

**President:  
Doris Waymark**

**Chairman:  
Kate Hopewell**

**Treasurer:  
Jane Hamshaw**

**For all others see  
your 2026  
Programme**

## 2026

**We have a full calendar of exciting demonstrations for this year and we plan to hold some other events such as an Easter Workshop and a Coffee Morning. If you have any ideas for other events you would like us to organise, please speak to Kate or another member of the Committee.**

**Thank you to those of you who have paid your annual subscription. If you know anyone else who would be interested in joining please do bring them along to any of our meetings or events as a Visitor.**

## Spring is in the air!

A big thank you to all of you that renewed your membership. I was a little concerned that because of the small increase of fees we may lose one or two members. This proved not to be the case, and in fact we had four new members join the club. A warm welcome to those of you who have joined us and we hope you enjoy all that the club has to offer.

I think we all enjoyed the demonstration by Jennifer Thompson who kept us well entertained with her stories on juggling family, demonstrations and flower club committees. Also, a lot of us with hearing problems could hear her quite clearly which was certainly a bonus. As you know we updated our sound system last year, and we are of the opinion that our equipment is adequate, although it can be how the demonstrator uses the head set microphone that causes a problem occasionally.

I hope everyone who is attending the March Workshop picked up the list of requirements at the last meeting. If you have not got it please email either Jane or me. Doors open 10am. Tea and coffee are available but please bring your own lunch. If you have not yet put your name down and would like to attend please contact Jane or me.

At our April meeting we have Violetta Veikniene demonstrating. Violetta is a very talented designer, and we are expecting several Visitors. If you have friends who are interested in flowers please bring them along, I know they will be impressed.

We have set a date for the coffee morning at Norfolk Bowls Club, which is Thursday May 21<sup>st</sup> between 10am and 12 noon. At the moment we have no date for the garden visit in June, but Pam is working hard to arrange the date and location.

June also brings us the Royal Norfolk Show, and we have obtained a copy of the schedule. Costessey normally enters class F1 (club class) and the title this year is 'Symphony in Bloom'. Members can also enter individually into Class F12. The title is 'Tea for Two' and is judged by public vote. We are looking for volunteers to take part in Class F1 and Class F12. There are plenty of experienced members of the club who would be happy to help and advice you. It can be hard work, but so rewarding and a lot of fun!

As I write this the sun is shining and the daffodils and tulips are blooming. Has spring arrived at last. See you all on April 2<sup>nd</sup> .

Kate

## Dates for your diary in 2026;

**Saturday 28<sup>th</sup> March – Easter-themed Workshop** at Breckland Hall to be led by Rachael Borenkova

**Thursday 2<sup>nd</sup> April** - Demonstration by Violetta Veikniene

**Wednesday 6<sup>th</sup> May** – Demonstration by Crystal Dyball – Title; It's a hat occasion!

**Wednesday 24<sup>th</sup> and Thursday 25<sup>th</sup> June** - Royal Norfolk Show



# Newsletter



Month 2026

Costessey Flower Club



**The Flower Arranger** is the UK's leading quarterly floral art magazine. It is full of inspirational designs, essential tips and techniques from top floral artists, seasonal ideas and step-by-step projects. **If you missed the opportunity to order copies for 2026 and would like to purchase them please speak to Cynthia.**

As well as the nationwide website for NAFAS: [nafas.org.uk](http://nafas.org.uk) lots of news and information on things happening locally in the East Region are available on the Area website: [nafas-east.com](http://nafas-east.com)



[www.costesseyflowerclub.org](http://www.costesseyflowerclub.org)

## NAFAS East of England Area Meeting

Several of your committee members went to the East of England Area Council Meeting on the March 11<sup>th</sup> to listen to the new CEO of NAFAS, Richard Abraham, present the Renewal Programme.

The Renewal Programme is a three year plan for NAFAS focusing on four areas: (1) Governance, (2) A new database to better understand and support membership, (3) A new website to enhance communication and connection, and (4) A new brand to attract diverse audience while honouring heritage. A copy of the minutes from the meeting will be available for you all to read at our April meeting if you are interested. Overall, the mood at the meeting was very positive and people certainly seemed impressed with Richard's motivation.

## March demonstration by Jennifer Thompson

We enjoyed a lovely demonstration by Jennifer in March. Here are a couple of photos of her beautiful arrangements within her theme of 'Let there be music and flowers'.



## Flower and County Shows in 2026

**27<sup>th</sup> and 28<sup>th</sup> May** – Suffolk Show – Trinity Park, Ipswich

**24<sup>th</sup> and 25<sup>th</sup> June** – Royal Norfolk Show – Norfolk Showground, Costessey, Norwich

**21<sup>st</sup> to 26<sup>th</sup> July** - RHS Flower Show - Sandringham Estate in Norfolk -

As you will note this event is being held over several days this year.