

# Newsletter



January 2025

Costessey Flower Club

## Committee Contact points for you;

**President:**  
Doris Waymark

**Chairman:**  
Jane Hamshaw

**Treasurer:**  
Kate Hopewell

For all others see your  
2024 Programme

**Membership 2025 -**  
We will be collecting  
your membership fees  
at the February and  
March meetings. As  
advised at the last  
meeting the 2025  
membership fee will be  
£40. Envelopes will be  
available to place your  
payments into. You can  
pay by cash, cheque  
or card.

We are currently trying  
to drive up our  
membership in order to  
keep our wonderful club  
going for many years to  
come. We have leaflets  
available to promote  
the club and your help  
in distributing them, or  
sharing them with  
friends, would be very  
welcomed.



[www.costesseyflowerclub.org](http://www.costesseyflowerclub.org)

## Looking forward

Firstly can I take this opportunity to wish each and every one of you and your families a very Happy and Healthy New Year.

We ended 2024 with a fabulous Christmas Open Meeting on 5th December when Jacquie Arnold, assisted by her Elf, created some beautiful arrangements and really got us in the mood for Christmas. Thank you to everyone who came along and thank you too for inviting your friends and family, enabling us to fill the hall. The good news is that the evening was profitable and will help us fund another year of wonderful demonstrations and events in 2025.

Coming up on **Thursday 6th February** we have our **AGM** (which will endeavour to keep as short and sweet as possible). Following the formalities we will have a **demonstration by Linda Knights**, as well as some brain teaser quizzes for you to complete. As usual we will have hot drinks and maybe the odd biscuit or two available too.

Looking ahead to March our meeting is on **Thursday 6th March** when our demonstrator is Violetta Verikniene with her title 'Inspired by flowers'.

Also in March we will be holding a **fund-raising day on Wednesday 19th March 2025 at Breckland Hall**. Plans are in place to hold a fabulous fashion show during the morning, followed by lunch with drinks. In the afternoon there will be a wonderful flower arranging demonstration by Barbara Collins. A number of you will know Barbara and know she is well worth seeing, both for her skills and entertainment value. Profits from the day will be split between the Club and a local charity. Tickets for the day will be on sale at our February and March meeting, so please support this event and invite your friends and family, the more people there the merrier.

The above mentioned day is the 'brain child' of the Committee, however if you have an idea or request for something you would like to see this year then please speak to one of the Committee.

I look forward to seeing you on 6th February.

Jane

## Forthcoming dates for your diary in 2025;

**6th February** - Our AGM followed by a floral demonstration by Linda Knights

**6th March** - Our demonstration evening with Violetta Verikniene entitled 'Inspired by Flowers'

**Wednesday 19th March** - Our fundraising charity day including a fashion show and flower demonstration

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**The Flower Arranger** is the UK's leading quarterly floral art magazine. It is full of inspirational designs, essential tips and techniques from top floral artists, seasonal ideas and step-by-step projects. If you have any old copies you no longer need why not share them or pass them on to others.

## New Committee Members

We are anticipating a couple of changes to our dedicated Committee members for 2025. We would therefore love to hear from anyone who would be willing to join our enthusiastic team and help us keep our wonderful club going into next year and beyond. Please contact any of the Committee if you are interested.



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## NAFAS website - The element of colour

This is an interesting extract from a download available on [nafas.org.uk](http://nafas.org.uk)

Colour abounds in nature and it is a highly expressive element of design to which the viewer responds immediately and spontaneously. The human eye experiences colour physically, mentally and emotionally and colour relationships present a compelling and exciting element to engage the senses of the floral artist. Flowers may have sublime shapes and scents but initially our senses respond to the subtleties of colour. It is emotive and personal, can be muted, intense, complex or illusionary and can be used to create mood, add interest, lend atmosphere or express the creative sensitivities.

Knowledge of the theory of colour and an awareness of the effective use of this powerful element of design are invaluable to the flower arranger. White light, when broken by a prism, reveals a continuous spectrum of colour, as in a rainbow. The spectrum is represented in six distinct bands of red, orange, yellow, green, blue and violet. By joining the two ends of the bands, a circle is formed, creating a colour wheel with the three equidistant primary colours of red, yellow and blue. Secondary colours are orange, violet and green – a mixture of any two primary colours. Yellow/orange, red/orange, red/violet, blue/violet, blue/green and yellow/green are tertiary colours.

Monochromatic colour schemes are related tints, tones and shades of one colour. Analogous schemes include two or more colours lying adjacent on the colour wheel but not more than one primary colour is included in this scheme. Complementary colours are those positioned opposite each other on the colour wheel. In polychromatic colour schemes where many different hues are combined together, harmony is more difficult to achieve unless tints and tones are used.

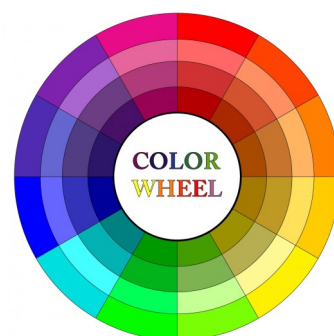
Hue is the full intensity of one colour as distinct from another colour. Chroma is the degree of intensity used to differentiate between a bright colour and a duller colour of the same hue.

Value is the lightness or darkness of a colour. Each colour is further defined by the qualities of tint, tone or shade of which there are many.

Tint is a hue with white added, Tone is a hue with grey added, Shade is a hue with black added.

The colour wheel

- the first outer ring is the pure colour
- the second ring is a tint
- the third ring is a tone
- the fourth inner ring is a shade.



## Other dates for your diary in 2025

Suffolk Show – 28th and 29th May 2025 - Trinity Park, Ipswich

Royal Norfolk Show – 25th and 26th June 2025 – Norfolk Showground, Norwich

Sandringham Flower Show – 23rd July – Sandringham Estate, Norfolk

Hadleigh Show – 17th May 2025 – Holbecks Park, Suffolk

Salisbury Cathedral 'Spirit of Water' flower festival – 13th -18th May - Salisbury

NAFAS National Show – 19th/20th September – Gloucester - Two day trip available via IC Travel website - [ictravel.co.uk/trip/nafas-national-flower-arranging-show](http://ictravel.co.uk/trip/nafas-national-flower-arranging-show)